

June

Saturday, June 6

The Fungus Among Us

1pm – 2pm

Without mushrooms, the forest of the northwest would be entirely different. Come experience the complex ways mushrooms interact with the flora and fauna of the Refuge. Mushroom enthusiast Sarah Simpson will show you how bees, birds and butterflies interact with Mycelium to shape your world! Meet at the flagpole in front of the Visitor Center.

Saturday, June 6

The Magical Forest

1:30pm – 3pm

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Sunday, June 7

It's in Your Nature: Sights and Sounds of Spring

1pm – 2:30pm

During this guided walk, your senses will be filled with bird song, bird sightings, and flowering native plants that are present on the Refuge during Spring. Learn about and enjoy the variety of natural wonders that can be found on a walk around the Twin Barns Loop Trail with naturalist Kim Adelson. Meet in the Visitor Center.

Saturday, June 13

Birds of a Feather: Take Flight on a Bird Walk

8:30am – 11am

With spring migration in full swing, the Refuge is all aflutter! Experience the thrill of seeing swallows (four different species) or the “*wichity wichity*” of the common yellowthroat! Join experienced birder David Richardson for a guided walk full of the sights and sounds of one of the Refuge’s largest treasures – the birds! Meet at the landing overlooking the pond at the Visitor Center.

Saturday, July 13

Amazing Animal Adaptations!

10:30am – 12:30pm

Through adaptations, animals have found ways to inhabit every environment on earth! Looking closely at the incredible traits animals have developed brings us to a deeper appreciation of the natural world. Visit our Critter Cart to see pelts and other artifacts up close, hear about these fascinating creatures, and ask questions; the perfect way to begin a visit to the Refuge! You can find the cart in front of the Visitor Center.

Saturday, June 13

The Magical Forest

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Saturday, June 20

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Saturday, June 27

It's in Your Nature: Exploring the Wild

10am – 12 noon

From bitterns to butterflies, salmonberries to salmon fish, nature on the Refuge takes many forms. Join naturalists Art Pavey, Jan Kramer, and Cheri Greenwood on this nature walk that is sure to teach you something new about the natural splendor of the Refuge. Meet in the Visitor Center.

Saturday, June 27

The Magical Forest

1:30pm – 3pm

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Sunday, June 28

The Essential Riparian Forest

1:30 – 2:30am

The forest that grows near fresh water, along the banks of lakes, rivers, and streams is a place of stillness and birdsong, magic and mystery. It's also one of the most fragile and important ecosystems around! Discover why on this family-friendly guided walk with Dean DeBell. Meet at the Visitor Center.

JULY

Sunday, July 5

Birds of a Feather: Take Flight on a Bird Walk

10am – 12 noon

Many species of bird, from the tiny Rufous Hummingbird to the majestic Bald Eagle, nest on the Refuge. Join experienced birder Nathanael Swecker for a guided walk full of the sights and sounds of one of the Refuge's largest treasures – the birds! Meet at the landing overlooking the pond at the Visitor Center.

Sunday, July 5

The Nisqually and Medicine Creek: Where Nature, Culture and History Converge

1pm – 2:30pm

Learn about the events surrounding the signing of the Medicine Creek Treaty; explore how the Nisqually people came to the Nisqually delta and how their lives changed with the settlement of Europeans. Lynn Corliss leads you down history's winding path, where you will discover important things about the people who enjoyed this land before you did. Meet at the flagpole in front of the Visitor Center.

Saturday, July 11

The Magical Forest

10:30am – 12 noon

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Saturday, July 11

Raptors of the Delta

11am – 12 noon

The Peregrine Falcon, the Bald Eagle, the Northern Harrier, the Great Horned Owl: a variety of amazing raptors can be found on the delta, and each has a story to tell. Experienced birder Richard Cormier will reveal unique aspects of a raptor's journey through life in this short, illustrated program. Meet in the Visitor Center Auditorium.

Saturday, July 11

Water, Water Everywhere

1pm – 2:30pm

The Refuge is home to an amazing diversity of plant and animal communities. From the ancient maple trees in the riparian forest to the pickleweed growing out on the mudflats, what grows where is all about the type of water, the amount of water, and about how often water is found there. How does it affect everything else? Find out with Kim Gale Adelson. Meet at the Visitor Center.

Sunday, July 12

Home Sweet Home

11am – noon

Enjoy a short walk through the various habitats of the Refuge, exploring all there is to see! Along the way, hear some tales of the Squalli Absch natives, farmer Brown, and the events surrounding the Medicine Creek Treaty. Meet Sue Stone at the flagpole in front of the Visitor Center.

Sunday, July 12

Bugs on the Brain

1pm – 2:30pm

The richness and diversity of insects is an oft overlooked wonder of the Refuge, and it's easy to miss out on the wonders of their world! The nature walk will look at everything the Refuge has to offer, but with an emphasis on the evidence of insects and how they interact with the plants around us. Meet naturalist Sally Vogel at the Visitor Center.

Saturday, July 18

Amazing Animal Adaptations!

10:30am – 12:30pm

Through adaptations, animals have found ways to inhabit every environment on earth! Looking closely at the incredible traits animals have developed brings us to a deeper appreciation of the natural world. Visit our Critter Cart to see pelts and other artifacts up close, hear about these fascinating creatures, and ask questions; the perfect way to begin a visit to the Refuge! You can find the cart in front of the Visitor Center.

Sunday, July 19

Birds of a Feather: Take Flight on a Bird Walk

10am – 12 noon

Many species of bird, from the tiny Rufous Hummingbird to the majestic Bald Eagle, nest on the Refuge. Join experienced birder Nathanael Swecker for a guided walk full of the sights and sounds of one of the Refuge's largest treasures – the birds! Meet at the landing overlooking the pond at the Visitor Center.

Sunday, July 19

Our Amazing Plant World

1pm – 2:30pm

Summer is the perfect time to experience the Refuge plant life in all its diversity! Join Dave Zink on a nature walk through the Refuge—all the while learning about plant-insect interactions, adaptations for survival and other interesting facts. You only live once: Stop to smell the flowers! Meet at the flagpole in front of the Visitor Center.

Saturday, July 25

Raptors of the Delta

11am – 12 noon

The Peregrine Falcon, the Bald Eagle, the Northern Harrier, the Great Horned Owl: a variety of amazing raptors can be found on the delta, and each has a story to tell. Experienced birder Richard Cormier will reveal unique aspects of a raptor's journey through life in this short, illustrated program. Meet in the Visitor Center Auditorium.

Saturday, July 25

The Magical Forest

1pm – 2:30pm

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Sunday, July 26

Our Amazing Plant World

1pm – 2:30pm

Summer is the perfect time to experience the Refuge plant life in all its diversity! Join Dave Zink on a nature walk through the Refuge—all the while learning about plant-insect interactions, adaptations for survival and other interesting facts. You only live once: Stop to smell the flowers! Meet at the flagpole in front of the Visitor Center.

AUGUST

Saturday, August 1

Birds of a Feather: Take Flight on a Bird Walk

8:30am – 12 noon

Experience the thrill of seeing a Peregrine Falcon (the world's fastest bird) or of hearing a woodpecker pecking away (up to 20 pecks per second)! Join experienced birder David Richardson for a guided walk full of the sights and sounds of one of the Refuge's largest treasures: The birds! Meet at the landing overlooking the pond at the Visitor Center.

Saturday, August 1

Amazing Animal Adaptations!

1 pm – 3 pm

Through adaptations, animals have found ways to inhabit every environment on earth! Looking closely at the incredible traits animals have developed brings us to a deeper appreciation of the natural world. Visit our Critter Cart to see pelts and other artifacts up close, hear about these fascinating creatures, and ask questions; the perfect way to begin a visit to the Refuge! You can find the cart in front of the Visitor Center.

Sunday, August 2

Birds of a Feather: Take Flight on a Bird Walk

10am – 12 noon

Many species of bird, from the tiny Rufous Hummingbird to the majestic Bald Eagle, nest on the Refuge. Join experienced birder Nathanael Swecker for a guided walk full of the sights and sounds of one of the Refuge's largest treasures – the birds! Meet at the landing overlooking the pond at the Visitor Center.

Sunday, August 2

Raptors of the Delta

11am – 12 noon

The Peregrine Falcon, the Bald Eagle, the Northern Harrier, the Great Horned Owl: a variety of amazing raptors can be found on the delta, and each has a story to tell. Experienced birder Richard Cormier will reveal unique aspects of a raptor's journey through life in this short, illustrated program. Meet in the Visitor Center Auditorium.

Sunday, August 2

The Magical Forest

1pm – 2:30pm

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Saturday, August 8

The Magical Forest

10:30am – noon

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Saturday, August 8

Water, Water Everywhere

1pm – 2:30pm

The Refuge is home to an amazing diversity of plant and animal communities. From the ancient maple trees in the riparian forest to the pickleweed growing out on the mudflats, what grows where is all about the type of water, the amount of water, and about how often water is found there. How does it affect everything else? Find out with Kim Gale Adelson. Meet at the Visitor Center.

Sunday, August 9

Home Sweet Home

11am – 12 noon

Enjoy a short walk through the various habitats of the Refuge, exploring all there is to see! Along the way, hear some tales of the Squalli Absch natives, farmer Brown, and the events surrounding the Medicine Creek Treaty. Meet Sue Stone at the flagpole in front of the Visitor Center.

Sunday, August 9

Our Amazing Plant World

1pm – 2:30pm

Summer is the perfect time to experience the Refuge plant life in all its diversity! Join Dave Zink on a nature walk through the Refuge—all the while learning about plant-insect interactions, adaptations for survival and other interesting facts. You only live once: Stop to smell the flowers! Meet at the flagpole in front of the Visitor Center.

Saturday, August 15

Birds of a Feather: Take Flight on a Bird Walk

8:30am – noon

Experience the thrill of seeing a Peregrine Falcon (the world's fastest bird) or of hearing a woodpecker pecking away (up to 20 pecks per second)! Join experienced birder David Richardson for a guided walk full of the sights and sounds of one of the Refuge's largest treasures: The birds! Meet at the landing overlooking the pond at the Visitor Center.

Saturday, August 15

The Magical Forest

1pm – 2:30pm

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Sunday, August 16

Birds of a Feather: Take Flight on a Bird Walk

10am – 12 noon

Many species of bird, from the tiny Rufous Hummingbird to the majestic Bald Eagle, nest on the Refuge. Join experienced birder Nathanael Swecker for a guided walk full of the sights and sounds of one of the Refuge's largest treasures – the birds! Meet at the landing overlooking the pond at the Visitor Center.

Sunday, August 16

The Nisqually and Medicine Creek: Where Nature, Culture and History Converge

1pm – 2:30pm

Learn about the events surrounding the signing of the Medicine Creek Treaty; explore how the Nisqually people came to the Nisqually delta and how their lives changed with the settlement of Europeans. Lynn Corliss leads you down history's winding path, where you will discover important things about the people who enjoyed this land before you did. Meet at the flagpole in front of the Visitor Center.

Saturday, August 22

Raptors of the Delta

11am – 12 noon

The Peregrine Falcon, the Bald Eagle, the Northern Harrier, the Great Horned Owl: a variety of amazing raptors can be found on the delta, and each has a story to tell. Experienced birder Richard Cormier will reveal unique aspects of a raptor's journey through life in this short, illustrated program. Meet in the Visitor Center Auditorium.

Saturday, August 22

The Magical Forest

1pm – 2:30pm

The forest is teeming with life and magic, and there is always something new to see and hear: a surprise every day! This family-friendly walk explores the relationships that exist between plants, animals and other organisms, fostering a sense of value for nature and a desire to protect it. Embrace the beauty and wonder of the forest and its inhabitants! Meet at the Visitor Center.

Sunday, August 23

Our Amazing Plant World

1pm – 2:30pm

Summer is the perfect time to experience the Refuge plant life in all its diversity! Join Dave Zink on a nature walk through the Refuge—all the while learning about plant-insect interactions, adaptations for survival and other interesting facts. You only live once: Stop to smell the flowers! Meet at the flagpole in front of the Visitor Center.

Saturday, August 29

It's in Your Nature: Exploring the Wild

10am – 12 noon

From bitterns to butterflies, salmonberries to salmon fish, nature on the Refuge takes many forms. Join naturalists Art Pavey, Jan Kramer, and Cheri Greenwood on this nature walk that is sure to teach you something new about the natural splendor of the Refuge. Meet in the Visitor Center.

Sunday, August 30

Birds of a Feather: Take Flight on a Bird Walk

10am – 12 noon

Many species of bird, from the tiny Rufous Hummingbird to the majestic Bald Eagle, nest on the Refuge. Join experienced birder Nathanael Swecker for a guided walk full of the sights and sounds of one of the Refuge's largest treasures – the birds! Meet at the landing overlooking the pond at the Visitor Center.

Sunday, August 30

Bugs on the Brain

1pm – 2:30pm

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SEPTEMBER

Saturday, September 5

Birds of a Feather: Take Flight on a Bird Walk

8:30am – 12 noon

Experience the thrill of seeing a Peregrine Falcon (the world's fastest bird) or of hearing a woodpecker pecking away (up to 20 pecks per second)! Join experienced birder David Richardson for a guided walk full of the sights and sounds of one of the Refuge's largest treasures: The birds! Meet at the landing overlooking the pond at the Visitor Center.

Saturday, September 5

It's in Your Nature: Exploring the Wild

10am – 11:30am

The estuary is radiant with complex natural beauty; home to a multitude of insects, plants, amphibians, birds, and animals, all of them linked inextricably to create a single natural wonder! Learn about the big picture with naturalist Donna Snow. Meet in the Visitor Center.

Sunday, September 6

Our Amazing Plant World

1pm – 2:30pm

Summer is the perfect time to experience the Refuge plant life in all its diversity! Join Dave Zink on a nature walk through the Refuge—all the while learning about plant-insect interactions, adaptations for survival and other interesting facts. You only live once: Stop to smell the flowers! Meet at the flagpole in front of the Visitor Center.

Sunday, September 13

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Sunday, September 13

Home Sweet Home

11 am – 12 noon

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Saturday, September 19

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Sunday, September 20

Our Amazing Plant World

1pm – 2:30pm

Spring is the perfect time to experience the Refuge plant life in all its diversity! Join Dave Zink on a nature walk through the Refuge—all the while learning about plant-insect interactions, adaptations for survival and other interesting facts. You only live once: Stop to smell the flowers! Meet at the flagpole in front of the Visitor Center.